

Origin Story — When Our Story with God Begins

DAY 1

Read John 10:27.

“My sheep listen to my voice. I know them, and they follow me” (NIRV).

In the Bible, people are often described as sheep. Sheep need a shepherd to know where to go. They listen to the shepherd’s voice and follow him.

Jesus described Himself as our good Shepherd. We just have to listen to His voice.

How do we do that?

He speaks to us through the Bible.

He speaks to us through the Holy Spirit He has put in us when we are saved.

He speaks to us through others.

He speaks to use through the world He created.

Next time you read a Bible verse that makes you feel something in your heart—that’s God speaking.

DAY 2

Read Isaiah 43:2.

“You will pass through deep waters. But I will be with you. You will pass through the rivers. But their waters will not sweep over you. You will walk through fire. But you will not be burned. The flames will not harm you” (NIRV).

How many times is the word “Will” in this verse? Write it here. ____

Just flip through the Bible, and you see God was with people whatever they went through. This is how it played out with Joseph.

Wow, he had it rough, but you see over and over that God was with him.

Have you ever been scared of something, but all of a sudden, knowing you had someone with you, you were able to make it through? Maybe the fear didn’t fully go away in the moment, but you were able to get through it; you weren’t alone.

Can you remember times when God was with you? How did that make you feel? Circle the emoji below of which one you related to the most in that moment.



DAY 3

Read Psalm 5:3.

“Lord, in the morning you hear my voice. In the morning I pray to you. I wait for you in hope” (NIRV).

When you watch movies or shows, is there always drama and action the whole time? Most likely not. Even in an action movie, it still gets a little quiet at times, or the story gets a little slow.

What about music? Is a song really loud the whole time? Most likely not. Typically, it might get loud, then a little softer, and then loud again.

Even in life, we might have a lot happen, and then a pause...and then something else happens!!! And then a pause...

How do you handle the pauses? Joseph had a huge pause. He was in prison for something that he didn't even do! But he had to wait and trust God. Eventually, more action came!

A verse in the book of Psalms says: “I wait for you in hope.” We aren't supposed to sit around and do nothing, even in the waiting. We wait in hope.

Look at this squiggly line—it has ups and downs, just like life. There's action and there are pauses. But in the middle of it all, God is still working.

Now, here's something fun: each time the line dips downward, write a letter. On the first dip, write 'H'. On the second, write 'O'. On the third, write 'P', and on the fourth, write 'E'.

What does that spell? HOPE!



DAY 4

Read Genesis 39:20–21.

“So he put Joseph in prison. It was the place where the king's prisoners were kept. While Joseph was there in the prison, the Lord was with him. He was kind to him. So the man running the prison was pleased with Joseph” (NIRV).

Here's an activity for you to do. Grab a clear jar or plastic cup and then cut up some pieces of paper.

Now write or draw hard things you might go through, like sadness, sickness, loneliness, being afraid, on each piece of paper.

Place them inside the jar one at a time, saying, “Even in _____, God is with me.”

Once the jar is full, write “God is with me” on one more piece of paper and tape it to the outside of the jar.

Whenever you have a worry or difficult emotion, write it down and put it in the jar.

You can trust God when things get tough!

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