

The Safe Place: God is my strength

Mark 4:36-41

DAY
1

Jesus Is Stronger Than Storms

Storms can sound loud and scary. The disciples felt afraid in the boat, but Jesus was in control the whole time. Jesus is stronger than wind, rain, and waves. When we feel scared, we can trust Him too.

Draw a happy face in the boat to show Jesus helps us feel safe



LOOK, God is in control, so I can trust Him.

DAY
2

Trusting Jesus

Grab a paper plate or cut out a large circle from paper. Draw a scared face on one side and a happy face on the other side. With a friend or family member, take turns sharing a story about something that once made you scared and a time when you felt really happy. Hold up the matching face to show how you felt during each story.

KNOW that Jesus is always with you.

DAY
3

Brave in the Storm

Even when hard things happen, God is still in control. You can pray, trust Him, and remember He loves you very much. God gives peace to your heart when you need it.

With a grown-up, sit quietly and listen to rain sounds or ocean sounds. Talk about how Jesus is stronger than every storm

ASK God to help you trust Him when you feel afraid.

DAY
4

Safe With Jesus

Jesus takes care of us every day. He knows when we are scared, worried, or unsure. We can trust Him because He is loving, strong, and good. Jesus is our safe place.

PRAY: "Dear Jesus, thank You for being with me in every storm. Help me trust You and remember You are always in control. Amen."

THANK God for giving you peace and courage

**God is in control, so
I can trust Him.**

GOD IS IN CONTROL!

